Self Funded Plans
Presents:

The New Edge Health Solution:

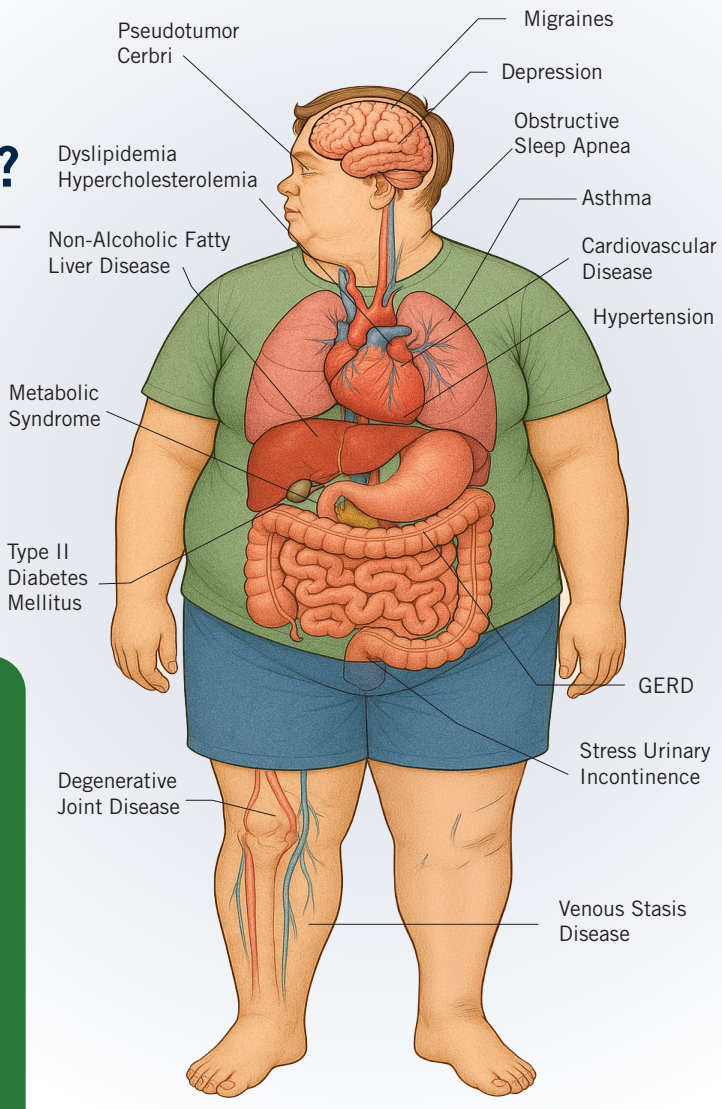
Coaching + Prescription for a Healthier You

New Edge Health
IMPROVING THE HEALTH OF AMERICANS

Taking charge of your health can feel overwhelming, but with the right support, meaningful change is within reach.

Obesity is a disease that impacts your whole body, increasing the risk of conditions like Type 2 Diabetes, heart disease, and more. The good news? **New Edge makes achieving better health easier and more accessible than ever.**

How Obesity Affects the Entire Body



What Makes New Edge Special?

"It's the Coaching that Makes the Difference."

- Personalized monthly coaching sessions with **your dedicated AHDI Healthcare Nurse Navigator™ Coach**
- Ongoing support tailored to your health goals
- Guidance every step of the way

What's included in your total package of support:

Weekly prescription doses of GLP-1

Monthly virtual visits with a physician

Monthly coaching sessions to help you stay on track

New Edge empowers you with a proven health solution, affordable through your employer's plan.

Why It Works: The New Edge Difference

Reduces Hunger
GLP-1s lower appetite and slow digestion.

Lowers Blood Sugar
Helps your body regulate insulin naturally.

Proven Weight Loss
Backed by research for sustained results.

Improves Quality of Life
Better health means feeling your best—physically and emotionally.

We make it easy to get your health on track. It's as simple as 1-2-3!

1. **Scan the Code, Fill out the Form:** Scan the code below for the online registration form to learn how to qualify for the New Edge program. Completing and submitting the form is quick and easy!
2. **Meet with the Physician:** Once qualified you will be scheduled to meet with your dedicated medical professional via Telehealth visits, to receive your program plan and get your medication delivered to your home.
3. **Extra Support, Every Month:** Our nurse health coaches will meet with you monthly to build a personalized plan and provide the guidance, education and encouragement you need to be successful on your health and well being journey!

FAQs: What You Need to Know

What is a GLP-1?
A GLP-1 is a prescription medication that mimics a natural hormone, helping regulate insulin, decrease hunger, and promote weight loss.

How does this program help me?
This solution is comprehensive: affordable prescriptions, monthly coaching, and physician support—all designed to improve your health outcomes.

Why is coaching so important?
Coaching ensures you have a real person by your side, guiding you with encouragement, advice, and accountability.

How do I pay for the program?
You'll pay a single, affordable monthly copay—just like other prescriptions.

American Health Data Institute

Supported by the AHDI Healthcare Nurse Navigator™ Coaching Team

Presented By:

Self Funded Plans

New Edge: A Healthier You Starts Here